**GIRL SCOUT TROOP 10339**

Is hosting an

Anti-Bullying Self Defense Workshop

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**What:** This workshop will help Girl Scouts understand the effects of bullying and provide instruction in self-defense techniques and avoidance strategies. This workshop is for Girl Scouts, Friends, Tagalongs and Parents.

**When:** Saturday, March 4, 2017 from 12:30-1:45

**Where**: Karate America; 9114 Wiles Road, Coral Springs, FL 33076

**Who Should Attend**: All Girl Scouts, friends and tagalongs

**Cost:** $9 per scout, friend or tagalong

**What’s Included**: Patch

2 Week Complimentary Pass to Karate American (this includes a Certificate upon completion and a uniform)

Pizza following the program

**Register:** Felice Strachman at 917-453-7039 or [fdstrachman@yahoo.com](mailto:fdstrachman@yahoo.com)