

# Bridging to Girl Scout Senior

**You've had a fantastic time as a Cadette. Are you ready to embrace new adventures? Are you ready to say yes to new challenges?** Then, step up to Girl Scout Seniors, where you'll find opportunities to do all that and more!

When you're a Senior, your opportunities to develop your leadership skills and strive for change in the real world will expand. You'll have a choice of three inspiring National Leadership Journeys: *GIRLtopia*; *Sow What?*; and *MISSION: SISTERHOOD!* You might even be able to participate in a regional or national special project for teen leaders in Girl Scouts.

Once you're in high school, you might also be active in the Girl Scout Advocacy Network, a group that advocates for change on behalf of girls by promoting issues in Congress and state legislatures. Ask your regional Girl Scout council about advocacy opportunities in your region—or even across Girl Scouts of the USA.

What else does the world of Girl Scouts Seniors offer? Lots of adventure! You can try all sorts of new experiences—mountain biking, yoga, rock climbing, volunteering at the Special Olympics, or touring an art gallery.

If you yearn to travel, check out the international Girl Scout destinations tailored for Seniors and above. You could explore Belize, come face-to-face with a beluga whale in the Arctic, jet to India, or trek through the Amazon rain forest.

You're sure to meet other Girl Scout teens and make some new friends along the way.

If you wrote a letter to yourself when you first became a Cadette, you may want to open it now. What's it like to read those words? How have you learned and grown as a leader in your life—and world—since you wrote that letter? How are you the same, and how are you different?





To earn the award, complete the two bridging steps.

## STEP

# 1 Pass It On

Share your talents and skills by teaching younger Girl Scouts one thing you learned to do as a Cadette. (And what about younger girls who aren't Girl Scouts yet? Maybe your story will inspire them to join!)

This list has a few ideas to get you started. You only have to do one of these—or something like it—to complete the step.

## IDEAS

- Share favorite things you did on a National Leadership Journey. Did you add a trip? Meet local experts? Do something special when you earned your awards? Put a little kit together and present it as a “boarding pass” gift to Juniors that they can use to start their Journey after they bridge up.
- Take a group of Juniors to your favorite local hiking spot, demonstrate something you've learned about outdoor safety, and talk to them about Leave No Trace. Or tell them about your group's most memorable adventure and teach them your favorite Girl Scout tradition.
- Did you earn a Silver Award? Tell a group of Juniors about your project (maybe you could make a presentation or video). Let them know how you or your team got through the tough times and how much fun you had along the way.

## STEP

# 2 Look Ahead

As a Senior, your world will get even bigger—which means there's so much more to explore. There's no better way to find out what you have to look forward to than by talking with your Senior sisters.

This list has a few ideas to get you started. You only have to do one of these—or something like it—to complete the step.

## IDEAS

- As a Senior, you can take part in the global travel opportunities offered by the Girl Scouts. Talk to Girl Scout Seniors who have traveled internationally or to a national conference about their adventures.
- If you're interested in earning your Gold Award, connect with Seniors who have already earned their Gold. Ask for advice about how to choose from among all your ideas.
- Find out how Seniors customized their experiences on a National Leadership Journey. What trips, experts, and projects did they do? How did they have fun bringing the theme to life?

# Congratulations!

**You've earned your Bridge to Girl Scout Senior Award!  
Celebrate with a favorite ceremony or invent a new one.**